

# **BURNABY WATER POLO CLUB**

Welcome to another season of water polo fun! September 2024 to December, 2024

The Burnaby Water Polo Club has been a part of the community for over 40 years now. Established in 1977, it has had a proud tradition of helping develop some of the finest water polo players in the country. A number of our players who started with Burnaby have gone onto the Canadian National Teams and won scholarships, and one has even gone to the Olympics in Beijing. In addition to athletic excellence, the Burnaby Water Polo Club promotes healthy living and long-lasting friendships.

## **Programs**

Development	Boys and girls will practice in the shallow end of the pool. Our coach-to-player ratio is low to help youngsters prepare for the main pool. The ability to swim across the shallow
2015 - 2018	end is helpful. They will learn ball handling, swimming with and without the ball, and game basics.
<b>12U</b> (2013-2014)	Boys and girls will practice in the main pool. They will work in the shallow and the deep
<b>14U</b> (2011-2012)	ends. The ability to swim a length of the pool is important. They will learn ball handling, eggbeater, shooting, swimming with and without the ball, and game basics. At this age, the athletes need additional coaching and practice on their swimming skills.
16U (2009-2010) 18U (2007-2008)	Boys and girls will practice in the main pool. They will work primarily in the deep end of the pool. The ability to swim and tread water for extended lengths of time is required. They will learn ball handling, eggbeater, shooting, swimming with and without the ball, and advanced game strategy.
	After more experience, players will be ready to learn refereeing and coaching.
<b>Master</b> (2006 & older)	Men and women will practice in the main pool. The Open-Age category is designed for all water polo athletes who graduated from high school and who are looking for opportunities to stay active as players, coaches, and referees.

## **Practice Schedule**

**Development Program -** Bonsor Pool (6550 Bonsor Ave, Burnaby, BC V5H 3G4)

Program	Tuesdays	Saturdays (Bonsor)	Sundays (Bonsor)
Development	-	5:00-6:00pm	9:00-10:00am

**12U/14U (5.5 hours per week, each month will have 4 hours scrimmage)** – Bonsor / Kensington pool Tuesday's swimming practice in Kensington pool (700 Hammarskjold Dr, Burnaby, BC V5B 3Z9)

Program	Tuesdays (Kensington)	Saturdays (Bonsor)	Sundays (Bonsor)
12U/14U	7:00-8:30 pm	5:00-7:00pm	9:00-11:00am
Girls-only	-	5:00-6:00pm	-

**16U/18U (5.5 hours per week, each month will have 6 hours scrimmage)** – Kensington / New Westminster Pool New Westminster pool (65 E Sixth Ave, New Westminster, BC V3L 4G6)

Program	Monday (New West)	Tuesday (Kensington)	Wednesday (New West)
16U/18U	8:00-10:00pm	7:00-8:30pm	8:00-10:00pm

## **Practice Fees**

Group	Practice Fee	Fundraising Fee (raffle tickets)	TOTAL
Development	\$200.00	\$50.00	\$250.00
12U/14U	\$390.00	\$50.00	\$440.00
16U/18U	\$440.00	\$50.00	\$490.00

• Please e-transfer the practice fees to <u>registration@burnabywaterpolo.com</u>.

• Players will use the Water Polo Canada RAMP system to register. Registrars will pay membership and insurance fee to Water Polo Canada/Water Polo West directly through the RAMP.

#### **Volunteering Policy**

BWPC is run by volunteer parents. The contribution from each parent is necessary and very much valued. There will be many opportunities for parents to volunteer including but not limited to, board members, team managers, health & safety officers, etc. Parents of registered players will be scheduled to assist with the attendance and temperature checks during practices. Please contact our volunteer coordinator at <u>vp.bwpc@gmail.com</u>, to indicate any days/times you are not available to volunteer.

#### **Registration Process**

- 1) Go to http://BurnabyHWPC.rampregistrations.com
- 2. Create a new account or log in the existing account
- 3. Choose "Participant"
- 4. Select your division:
- "Make a Splash" for Development
- "Water Polo for Life" for 12U/14U/16U/18U
- 5. Follow all the steps to complete your registration.

Email: president@burnabywaterpolo.com